

HyGIeaCare® Prep Procedure



Your Procedure:

You are scheduled for a colonoscopy, a procedure in which a doctor examines the lining of your large intestine by looking through a flexible tube called a colonoscope. If growths or other abnormalities are found during the procedure, the doctor may remove the abnormal tissue for biopsy.

Your HyGIeaCare Location:

HyGIeaCare® @ The Carrell Clinic
 9301 N. Central Expressway, Tower II, Suite #465
 Dallas, TX 75231
 (214) 509-6855

Procedure Date: ___/___/___

Arrival Time at HyGIeaCare prep center: _____

Arrival time for Colonoscopy: _____

Colonoscopy location: _____

Payment:

- \$245 due upon arrival, payable by credit or debit card
- You may also use your Health Savings Account Card (HSA) or your Flexible Spending Account Card (FSA) if you have one

YOUR BOWEL PREP IS EXTREMELY IMPORTANT! PLEASE READ INSTRUCTIONS CAREFULLY

ONE DAY PRIOR TO PROCEDURE	PROCEDURE DAY
<p>1. Adhere to a clear liquid diet all day Clear Liquids: Clear broth, bouillon, apple or white grape juice, popsicles, Jell-O, Gatorade, lemonade, tea, coffee (non-dairy creamer). No purple, red, or orange colors. Nothing solid of any kind.</p> <p>2. Medication Instructions:</p> <p>A. If patient’s schedule allows: a) Dulcolax (2 tablets) 10 AM b) Dulcolax (2 tablets) 1 PM</p> <p>B. If patient’s schedule does not allow: a) Dulcolax (2 tablets) 5 PM b) Dulcolax (2 tablets) 8 PM</p> <div data-bbox="741 1094 982 1333" data-label="Image"> </div> <p data-bbox="772 1344 951 1425">Be sure to get the laxative and not the stool softener</p>	<p>1. Take Dulcolax (2 tablets) at: _____</p> <p>2. Stop all oral intake 4 hours before your arrival time at HyGIeaCare (except as indicated below)</p> <ul style="list-style-type: none"> ➤ You may take your essential morning medications (heart, blood pressure or anti-seizure medication) with 2 oz (4 tablespoons) of water 2-4 hours prior to your <i>arrival time at HyGIeaCare</i>, unless otherwise directed by your physician. <hr/> <ul style="list-style-type: none"> ➤ After your prep is completed, proceed directly to the endoscopy center or hospital. Bring the following to the Endoscopy Center or hospital: <ul style="list-style-type: none"> • Responsible adult driver to stay with you and drive you home. Your procedure will not start without your driver present. • Insurance Cards • Photo ID