

Participating in a DHAT TeleVisit

For many people today, telemedicine is a convenient and effective way to see their healthcare provider. Before beginning your TeleVisit, make sure that you:

STEP 1: Call and schedule a TeleVisit with your DHAT Physician

STEP 2: Ensure you have an active [DHAT Patient Portal](#) account, with username and password.

STEP 3: Download the “Healow” app on your smart device ([iOS](#) or [GooglePlay](#)) **OR** using your desktop computer, go to the [DHAT Patient Portal](#)



Preparing for your TeleVisit:

- Secure a private location so you and your physician can speak freely about your health
- “Arrive early” (at least 5-10 minutes) by logging in to your [DHAT Patient Portal](#). If for any reason you cannot access the Portal, you can always initiate your appointment by clicking the link included in your appointment reminder email.
- Click “Join TeleVisit” in your patient dashboard (or email reminder).
- Fill out patient questionnaire and provide requested personal information.
- Click “Proceed” to check your computer’s speed and ability to support a TeleVisit. If your computer does not have a webcam (most do), you will need to attach one. If you are utilizing a smartphone, it likely has a camera built in.
- Click “Start TeleVisit” to enter the virtual waiting room.
- Your physician will begin the face-to-face TeleVisit and disconnect when the visit ends.



Contact your Physicians Office with any questions!